

The background is a painting of a person's back and shoulder, rendered in a soft, painterly style. On the right shoulder, there is a vibrant, multi-colored insect-like creature with a human skull as its head and long, thin, white, hair-like appendages extending upwards. The creature's body is green and blue with iridescent patterns. The overall background is a dark, textured blue.

International  
Seminar in Rome  
On June 10/11, 2017

**trauma  
and body  
in psychotherapy**  
the clinical treatments

**Kekuni Minton**

---

with Giovanni Salonia  
and Valeria Conte

---

It intended to Psychologists,  
Psychotherapists,  
Doctors and Students  
in Specialized Training

---

gtk

## Sensorimotor Psychotherapy®

---

Sensorimotor Psychotherapy® integrates cognitive and somatic interventions in the treatment of trauma, emphasizing body awareness, practicing new actions and building somatic resources.

Key components of Sensorimotor Psychotherapy® will be illustrated using videotaped excerpts of sessions with traumatized individuals and brief experiential exercises: uncoupling trauma-based emotions from body sensations; promoting collaboration between client and therapist; teaching mindfulness; building somatic resources; and developing a somatic sense of self. Since clients with complex trauma can be easily triggered by interventions that access the body too quickly, attention will be given to pacing, boundaries, and safe, gradual re-connection with the body. The videotapes show how to help clients discover and describe how past traumatic experiences are affecting their current bodily experience--which in turn contributes to difficult emotions and beliefs--and also show how to integrate cognitive and somatic interventions to change the meaning of traumatic event(s) and regulate both emotions and arousal.

Sensorimotor Psychotherapy® is conducted within a phase-oriented treatment approach and this presentation will address interventions for all three phases: stabilization and symptom reduction, work with traumatic memory, and re-integration.

## planned interventions

---

**Saturday, 10th of June**

8.00—9.00

Participants registration

9.00—9.15

Opening

**Giovanna Silvestri**

Gtk Institute's Trainer

9.15—10.45

Corpi e parole nell'incontro terapeutico

**Giovanni Salonia and Valeria Conte**

10.45—11.00

Coffee break

11.00—13.00

Sensorimotor Psychotherapy

**Kekuni Minton**

13.00—14.30

Break

14.30 —17.45

Sensorimotor Psychotherapy

**Kekuni Minton**

17.45—18.00

Coffee break

18.00—19.00

Process group

**planned  
interventions**

---

**Sunday, on 11th of June**

9.00—11.00

Sensorimotor Psychotherapy  
**Kekuni Minton**

11.00—11.15

Coffee break

11.15—13.00

Round Table Discussion  
and Process group's Report

**Kekuni Minton**  
**Giovanni Salonia**  
**Valeria Conte**

Moderator

**Giovanna Silvestri**

13.00—13.30

Work's ending and acknowledgements

## **Kekuni Minton**

---

Kekuni Minton, Ph.D. has been in private practice since 1989. He has trained hundreds of psychotherapists (in 6-month to 2-year trainings) in Ireland, Australia, New Zealand, New York, Boston, Chicago San Francisco Santa Fe, Denver/Boulder, and Hawaii. He has also been a faculty member at Naropa University (Boulder) since 1994, specializing in teaching: Couples Therapy, Working with Trauma, and Psychotherapeutic technique. He is the co-author of the book *Trauma and the Body* (Norton Publishers) . He has presented numerous times at leading body-psychotherapy conferences. Kekuni was the resident psychotherapist for the Boulder County Aids Project for 1-1/2 years.

## **Giovanni Salonia**

---

Psychologist, individual and family psychotherapist.  
Scientific Responsible of Postgraduate School in Gestalt  
Psychotherapy (recognized by the Ministry of Education with  
DM 09/05/94), with offices in Rome, Venice and Ragusa.  
Co-director of the University Master with University Sacred  
Heart - Rome (Psycho-oncology, Intimate and Sexual  
relations; Couples and family Therapy). Lecturer in the  
Pontifical University Antonianum (Rome). Director of the  
International Journal on line GTK. Among his books: with  
H.Franta, Interpersonal Communication (LAS), The moon is  
made of cheese (Il pozzo di Giacobbe. Author of numerous  
articles in national and international journals .  
Full bibliography on [Academia.edu](http://Academia.edu)

## Valeria Conte

---

Psychologist Manager at the Department of Mental Health of the ASP of Ragusa province; Psychotherapist and Teaching Supervisor recognized by the Ordinary FISIG. Director of the Institute of Gestalt Therapy Kairos (Gtk), Scientific Committee Member and educational and clinical expertise of the School of Specialization in Gestalt Psychotherapy. It was formed with the major national and international representatives of Gestalt Psychotherapy and completed his training in family therapy and body therapy. She deepened the epistemological model of Gestalt Therapy in working with psychiatric patients and work with couples and families.  
Full bibliography [Academia.edu](http://Academia.edu)

## Practical information

---

### Location and transportation

Hotel del Quirinale

Via Nazionale, 7

Rome [METRO A Repubblica], Italy

**The fee** [VAT included] for attending is:

- Euro 210,00
  - Euro 120,00 for students of Psychotherapy and students graduating in Medicine and Psychology.
- If you register and pay before March the 1st, 2017, you will pay Euro 150,00.
- All fees include just the participation to the seminar

### Registration procedures

If you want to join us, please Download the registration form at the website [www.gestalththerapy.it](http://www.gestalththerapy.it) and send an email to [roma@gestalththerapy.it](mailto:roma@gestalththerapy.it) attaching a copy of the deposit realized through a bank transfer made out to:  
Istituto di Gestalt Therapy hcc Kairòs srl - c/o la Banca Agricola Popolare di Ragusa agenzia N.4 Ragusa, Via Ducezio N.27/B  
**IBAN IT77Q0503617004CC0041071439**



# **GTK Institute**

---

Education since 1979

Scientific Responsible  
**Giovanni Salonia**

Teaching Supervisor  
**Valeria Conte**

Scientific Advisor  
**Antonio Sichera**

---

## **SICILIA**

Legal administrative headquarters  
and teaching  
Via Virgilio, 10  
97100 Ragusa  
T +39 0932 682109  
F +39 0932 682227  
info@gestalththerapy.it

## **LAZIO**

School Teaching  
Via Catania, 1  
00196 Roma  
M +39 328 3615444  
roma@gestalththerapy.it

## **VENETO**

School Teaching  
Via Lazzari, 10  
30174 Mestre (VE)  
T +39 041 5042055  
M +39 339 2737500  
venezia@gestalththerapy.it



MIUR D.M. 9.5.94,  
D.M. 7.12.01 e D.M. 24.10.08

gtk

gestaltherapy.it

artwork: agostino arrivabene

graphic project: marco lentini/afterstudio

