



## **CPD Event- Lynne Jacobs Ph.D**

**Three- day Workshop – 18th – 20<sup>th</sup> May 2018**

**Radical Relationality: mutual influence in the therapist-patient dialogue.**

This workshop for therapists and counselors is founded on the premise that everything that occurs in the consulting room is variably mutually influenced. Our patients can engage in good quality contact if we are available for it. Conversation that makes a healing difference is almost never easy. It means surrendering to a dialogue that may sweep us into realms of feeling that challenge and threaten our equilibrium. We will explore together the resources and difficulties we encounter as therapists as we strive to support our patients to engage in such a healing dialogue. We will explore the interplay of the emotional processes and the enduring relational themes that patient and therapist bring to the therapeutic encounter; the interplay of hope and fear in both participants. We will also explore the relationship of a sense of shame, a sense of dignity, and the dialogic attitude.

There will be a presentation of theory, numerous individual demonstrations of relational work, the possibility of a group demonstration, and in-depth clinical discussions of the demonstrations. If participants wish, there can even be supervised practice sessions. Newcomers to this workshop are welcome while those who have participated in previous workshops will be able to build on their previous experience.

Lynne Jacobs, Ph.D., is co-founder of the Pacific Gestalt Institute, and a Training and Supervising Analyst at the Institute of Contemporary Psychoanalysis. She is particularly interested in relational processes in therapy, has authored numerous articles, and co-authored (with Rich Hycner), *The Healing Relationship in Gestalt Therapy: A Dialogic, Self-Psychology Approach*. She and Rich also co-edited, *Relational Approaches in Gestalt Therapy*. She is interested in exploring all facets of the therapy relationship. She is also interested in unpacking how culture shapes subjectivity, and also in unpacking “whiteness” and its effects on the therapeutic relationship.



DATE	18th – 20 <sup>th</sup> May 2018
VENUE	Gestalt Centre Wales, ( Venue TBA ) Please advise if you have accessibility requirements
TIMINGS	Arrive from 5.30pm Friday with a prompt start at 6.00 - 9.00pm Saturday & Sunday 8:30am for a 9.00am – 5.00pm
COST	Early Bird: £390.00 (if booked by 31 <sup>st</sup> January 2018) Otherwise £450.00 Deposit: £100 non-refundable for workshop. If you wish to begin a payment plan to spread costs, please contact me and details can be clarified.
HOW TO BOOK	Please confirm attendance to <a href="mailto:gestaltcentrewales@gmail.com">gestaltcentrewales@gmail.com</a> or by post to Anne Pettit at the Gestalt Centre Wales
CANCELLATIONS	If you cancel more than 21 days before the course you will receive a 50% refund. No cancellations or transfers otherwise.

**Lunch & Refreshments available (Please advise if there are dietary requirements)**

