



## The Evolution of Subjectivity: A Kinetic-Kinesthetic Progression

with

**Ruella Frank, Ph.D.**

**Location:** **Edinburgh**

**Dates:** **16-18 November 2018** (3 day workshop)

**Cost:** **£395** (including non-refundable £125 deposit)

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In this three-day workshop, we explore the progressions of a developing subjectivity from kinetic-kinesthetic processes during fetal life, where the organism is in a state of “oneness” with its environment, to the newborn child who begins the gradual process of differentiating “me” from “not me” in the first year. Special emphasis will be given to the functional similarity of this vital experiential shift in relation to the subtle yet profound existential experiences emerging within adult therapy. Attention also will be given to kinetic-kinesthetic processes arising in therapy, which clarify the experience of subjectivity for both the patient and therapist.

Ruella Frank, Ph.D., founder and director of the Center for Somatic Studies, teaches throughout the United States, Europe, Mexico and Canada. She has authored chapters in various publications as well as the book *Body of Awareness: A Somatic and Developmental*

*Approach to Psychotherapy*, (GestaltPress, 2001, available in five languages), and co-authored the book *The First Year and The Rest of Your Life: Movement, Development and Psychotherapeutic Change*, (Routledge Press, 2010, available in three languages). Her training video *Introduction to Developmental Somatic Psychotherapy*, now subtitled in French and Russian, is available at [www.somaticstudies.com](http://www.somaticstudies.com).

This workshop is open to trainee and qualified psychotherapists from any modality.

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