



**Gestalt Advanced Workshops with
Malcolm Parlett, Lynne Jacobs, Jon Blend and Rich Hycner
April – December 2018**

Welcome to a series of ongoing CPD events throughout 2018. A very exciting opportunity has arisen whereby each of these renowned trainers in the field of psychotherapy will offer a stimulating forum to develop further a synthesis of dialogic artistry and future sense whilst synthesising concepts, which underpin the gestalt approach.

Each of the workshops can be attended independently. There is also the possibility of attending the series, which will offer the potential for a deeper and sustained connection with an integrated approach throughout.

Anne Pettit and Gillian Downie will accompany and facilitate a space to support this community experience where the range of teachings, both experiential and didactic, can enhance a deepening of contact and personal discovery, extending knowledge and skills.

Important Information:

- *All workshops will be held at Gestalt Centre Wales, Manor House, Bank Street, Chepstow, NP16 5EL, excluding the last workshop, (Nov 29th - 4th Dec) which will be held at Poulstone Court, Herefordshire*
- *Anne Pettit and Gillian Downie will be attending **all** workshops. When another presenter is only attending limited days of the workshop, Anne and Gillian will be facilitating for the remainder of the time*
- *Please note you are welcome to attend individual workshops without any requirement to attend the whole series. Please contact Anne for a consultation to devise your individualised Plan.*

Date	Venue	Trainer
April 19 th -21 st 3 day workshop	Gestalt Centre Wales*	Malcolm Parlett & Anne Pettit
May 18 th - 20 th 3 day workshop	Gestalt Centre Wales*	Lynne Jacobs
June 8 th - 10 th 3 day workshop	Gestalt Centre Wales*	Anne Pettit & Gillian Downie
July 6 th - 8 th 3 day workshop	Gestalt Centre Wales*	Malcolm Parlett & Anne Pettit
Aug 31 st - 2 nd Sept 3 day workshop	Gestalt Centre Wales*	Rich Hycner
Oct 5 th -7 th 3 day workshop	Gestalt Centre Wales*	Jon Blend (6th and 7th only)
Nov 29 th - 4 th Dec 6 day residential	Poulstone Court, Herefordshire	Malcolm Parlett & Anne Pettit

VENUE *IMPORTANT: *Gestalt Centre Wales, Manor House, Bank Street, Chepstow, NP16 5EL*

COST £2300.00 (For complete series, early bird £2,000 by 31st January 2018). A payment plan can be implemented if required. A few Bursaries are available

BOOKING Please contact Lucy at admin@gestaltcentrewales or Anne at gestaltcentrewales@gmail.com or 07863 976 833

CANCELLATIONS If you cancel more than 21 days before the course you will receive a 50% refund. No cancellations or transfers otherwise.



Trainers

Anne Pettit is a UKCP reg. Gestalt Psychotherapist, Supervisor, Trainer and founding director of Gestalt Centre Wales. She began her training in 1989 and has had a Private practice for 17 years. She sees individuals, facilitates groups, alongside a Supervisory Practice of nine years she also co-ordinates and runs CPD events. She has extensive experience in the NHS, where she has worked for 30 years.

Gillian Downie is a Sesame trained dramatherapist, gestalt psychotherapist and creative arts supervisor. For the past seventeen years she has worked as a therapist with adults and children in a variety of settings. Gillian strongly believes in the importance of self development and has initiated, organised and developed professional training workshops for the Sesame Institute in South Wales for the past ten years. She is a tutor on the Gestalt Fundamentals training and on the *Welsh Psyche and Soma* training – a two year part time course for health professionals working with people who want to bring imagination and the body into their practice as languages of the human soul.

Malcolm Parlett is a Gestalt coach of many years standing, whose interests include Gestalt field theory, and its application in all forms of Gestalt practice. His book, *Future Sense*, was published in 2015, and proposes that Gestalt practice is based on five fundamental areas of ability and understanding that underlie practitioners' experience, competence to practice, and utilisation of their 'whole

intelligence'. He trained in Gestalt work at the Gestalt Institute of Cleveland in the late 1970s. He is the former editor of the *British Gestalt Journal* and before retirement was Visiting Professor of Gestalt Psychotherapy at the University of Derby.

Lynne Jacobs, Ph.D., is co-founder of the Pacific Gestalt Institute, and a Training and Supervising Analyst at the Institute of Contemporary Psychoanalysis. She is particularly interested in relational processes in therapy, has authored numerous articles, and co-authored (with Rich Hycner), *The Healing Relationship in Gestalt Therapy: A Dialogic, Self-Psychology Approach*. She and Rich also co-edited, *Relational Approaches in Gestalt Therapy*. She is interested in exploring all facets of the therapy relationship. She is also interested in unpacking how culture shapes subjectivity, and also in unpacking "whiteness" and its effects on the therapeutic relationship.

Rich Hycner is perhaps most recognised for his seminal book, *Between Person and Person*, also collaborating to co-author *The Healing Relationship in Gestalt Therapy*, as well as co-editing *Relational Approaches in Gestalt Therapy*, both with Lynne Jacobs. Rich is particularly focused on the therapeutic relationship as the nexus for healing, and views the therapist's presence as an especially unique and challenging medium for exploring the relational and experiential dimensions of therapy.

Jon Blend This 'hands on' arts workshop led by Gestalt psychotherapist Jon Blend MA caters for counsellors, psychotherapists and others working in the caring professions. Incorporating arts methods in therapeutic work offers another vehicle for change that fosters self-expression, aids exploration of conflict and enhances wellbeing. The course draws inspiration from the projective arts approach of Gestalt therapist Dr. Violet Oaklander and the Lifemusic practice of composer Dr. Rod Paton. It may also interest those seeking to explore their relationship with creativity and/or play. We will focus on working with **clay, sand tray** and **music making** .

Course content includes live demonstrations, experiential work and discussion.



Gestalt Centre Wales

BOOKING FORM

If you would like to attend this workshop please print and complete this booking form and then return it with your payment to Gestalt Centre Wales, 10 Hocker Hill Street, Chepstow, NP16 5ER

Name

Address

Contact Numbers

Email

Occupation

Interest in Workshop

Payment Enc. (Cheques payable to 'A. Pettit')

£-----

Signed -----

Dated

-----We abide by a STRICT code of confidentiality. Your details will NOT BE passed to any third party.

