

SPEAKING AND NOT SPEAKING



Led by Gaie Houston MA (Oxford)
(2-day course)

The Course

Like all learning about doing good therapy, this 2-day workshop is about love and fear, and the speaker's understanding of his or her attitude in every intervention.

The aim is a co-operative endeavour, with high participation, laughter, and talking through ever more ways of knowing what to express and how to express it with a client or group, with greater clarity and fluency.

Participants will be encouraged to experiment with interventions they have made and would like to have done better, or others they contemplate making. "How can I say that?" , "I'm trying to say..." , "What I want to express... ". These are familiar topics in supervision, and this workshop is a chance to find more ways of finding what you really mean and saying it in ways you want the client to understand.

In other words, it is a chance to extend response-ability, the repertoire of speech forms and body language ready to connect usefully to the other.

Meanings, derivations and pantomime are all likely to be involved in this workshop.

It gives 12 hours CPD credit to those who need it.

Course Tutor

International trainer and author, Gaie Houston, will lead the workshop. Gaie has a degree in English Language and Literature, has written nine books on psychotherapy, is a playwright and has worked as a stage and opera director.

She has been on the editorial boards of The Gestalt Review, USA; The British Gestalt Journal; and Self and Society, Journal of Humanistic Psychology. She is also Chair of Gestalt Publications Ltd. Her "Now Red Book of Gestalt" has a chapter on brief therapy, an area that she has supervised over many years, and her book "Gestalt Brief Therapy" was published in 2003 by Sage Publications.

Dates

8th & 9th November 2019

Time

10.00am to 5.00pm on both days

Fee

£350 self-funded / £590 sponsored
(20% discount to self-funding GC Members)

Payment can be made by credit/debit card on 020 7383 5610.

Location

The Gestalt Centre
15-23 St Pancras Way
London
NW1 0PT