

Working with Children: Oaklander Intensive 2022

with Jon Blend MA Dip Child Dip Psych CQSW



Five Thursdays: Jan 20; Mar 24; May 5; July 21 & Sept 15. 10am -6pm

Venue: Friends Meeting House, 17 Woodville Rd, Ealing London W5

Our well-ventilated room opens out onto a substantial secluded garden. We will maintain a safe learning environment in the wake of Covid-19.

This 'hands on' part experiential, part didactic workshop, now in its sixteenth year, caters for counsellors, psychotherapists, educators, pastoral carers and other professionals working with children. Incorporating the arts in therapy with children offers an 'experience near' vehicle for self-expression that aids relational exploration of issues, fosters resilience and enhances wellbeing. Grounded in Gestalt Therapy Theory the course draws inspiration from the projective arts approach of eminent Gestalt child & adolescent psychotherapist Dr. Violet Oaklander (*Windows to our Children** & *Hidden Treasure*), also ideas from Attachment and Systemic theories. It will also interest those wishing to explore their own relationship with creativity and/or play. The group will experience at first-hand many of the following: **drawing, painting, clay, sandtray, music -making, haiku, drama & movement, dream work, sound healing and 'kitchen puppets'**.

Course content: includes key concepts (awareness, contact, embodiment, Buber's 'I-Thou' relating, support), reasons children enter therapy, developmental principles, conjoint family assessment, conducting a first session, therapeutic process, crisis intervention /blended working, anger & aggressive energy, diversity, grief work, safeguarding, additional needs, group work, reviews, ending.

Methods: 'live' demonstrations, didactic, skills practice, dyadic and group work, discussion.

Fee £560 (BACS) Early Bird £510 ends 1.10.21. Includes all materials, worksheets, reading list, attendance cert. **35 hours cpd. Book:** Email jon.blend335@gmail.com * translations include Hebrew .

***Jon Blend MA** is an adult, child and adolescent psychotherapist working with children and families in private practice in London. He is also an author, supervisor, trainer and Lifemusician. He is a faculty member of the Institute for Arts in Therapy & Education, (IATE) London,, Nurture, Education, Training & Therapy (NESTT) Yorkshire, a guest trainer with Pathways, Prestwich and the Violet Solomon Oaklander Foundation www.vsof.org. Jon brings over 40 years' experience of working with children, young people and families in the fields of community mental health, social work and performing arts. He has delivered workshops and presentations to counsellors, psychotherapists and other health and education professionals in Bath, Budapest, Chepstow, Florida, Goole, Kyiv, London, Manchester, Naples, Oxford, Prestwich, Rzeszow, Sofia, Tbilisi, Toronto and Zagreb. For nine articles and training information visit www.gacp.co.uk/*