

Healing Trauma in the Path to Recovery:

Trauma and Addiction a Gestalt Approach Summer 2022 cohort

Traumatic childhood and life events shape the way individuals see themselves and the world. Which has a direct impact on relationships, self-perception, coping skills, self-esteem, etc. The focus of this

6-module training is to provide a deeper understanding on the relationship between addiction and trauma, the role of the nervous system, adverse childhood experiences, polyvagal theory, and the application of this knowledge through the framework of Gestalt Psychotherapy to support healing experiences.

Schedule

Date	Module
June 4 th	Module 1: Understanding Trauma and Addiction from a gestalt perspective.
June 18 th	Module 2: Assessment and nervous system regulation.
July 2 nd	Module 3: Resources Development and supporting early sobriety.
July 16 th	Module 4: Treatment model Part 1.
July 30 th	Module 5: Treatment model Part 2.
August 13 th	Module 6: Groups, Couples, and family work.

*All modules will be recorded and available to view for participants that need to miss a live presentation.

Time:

San Diego (PDT) 8 am Mexico
City (CDT) 10 am New York
(EDT) 11 am Buenos Aires
(ART) 12 pm London (BST) 4
pm Johannesburg (SAST) 5
pm Warsaw (CEST) 5 pm
Kyiv (EEST) 6 pm
Jerusalem (IDT) 6 pm

The cost for the entire program (6 modules) is \$600 USD. **Early bird admission offer \$400 USD (No coupon needed)** if you sign up before **23th of May**. Space is limited to allow virtual space for contact.

[Please contact Rafael at rafael@gestalttherapysd.com](mailto:rafael@gestalttherapysd.com) for payment options or if you have any questions.

*For US license clinicians up to 18 CEs available for the entire course for \$30 additional charge. CE provided by CE-Classes

Facilitator:

Rafael Cortina I am a Licensed Marriage and Family Therapist with over 20 years of experience working with individuals, couples, families and groups. I have a Masters of Arts in Counseling Psychology and a Masters in Business Administration. I am a Certified Clinical Trauma Professional, Certified Gestalt Therapist and a Certified Gestalt Couples Therapist and have specialized training on EMDR, TRM, addiction treatment and trauma work

